



UNIVERSITY OF BERGEN



# New objective method for mucosal epithelia measures applied to gills

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Mucosal  
Mapping

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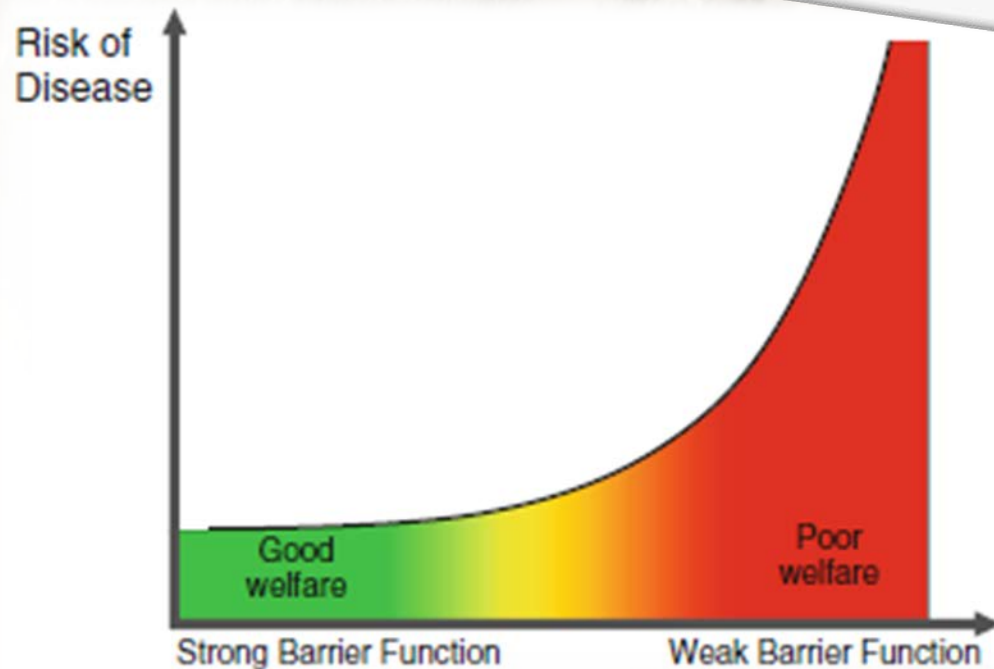
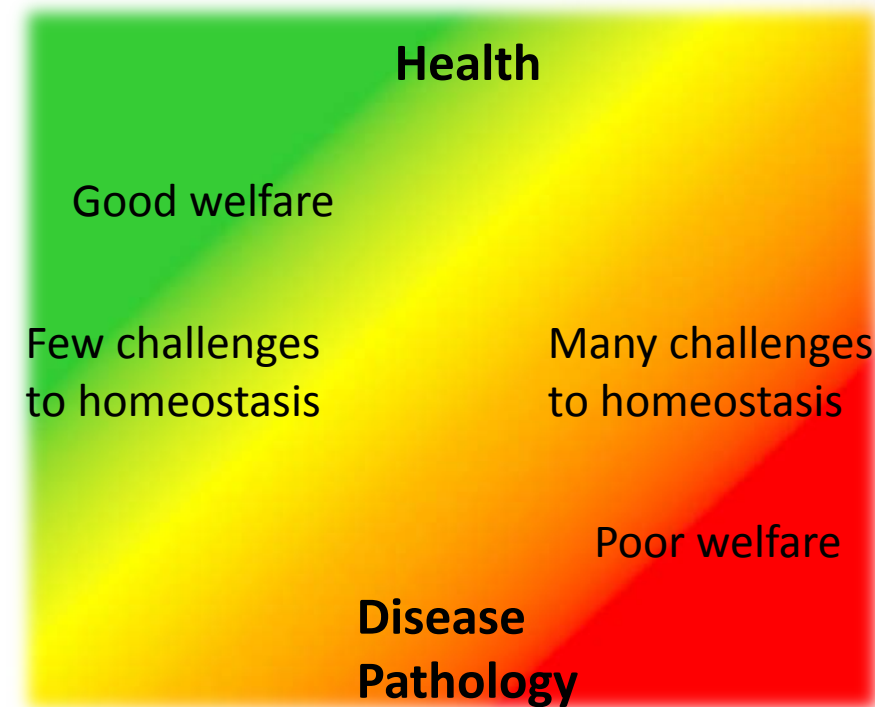
# Co-conspirators

- John Sweetman, Alltech Aqua
- Sulefisk A/S
- Ingrid Uglenes, Havforskningsinst
- Tine Oen, BIO UiB/Fiskeridirektoratet
- Amanda Pittman, UiB/U Copenhagen
- Kirsten Redmond, BIO UiB/UiStavanger
- Stine Karlson, BIO, UiB/Havforskningsinst

# MUCOSAL EPITHELIUM = SKIN, GILLS, GUTS = BARRIER FUNCTIONS



Biological function is a cornerstone of fish welfare  
permeability, immunity





# Numerical density gives an indication but comparisons are difficult

**Table 1** Site selection of parasites in the total fish population [*Gyrodactylus derjavini* week 1 and week 6 post-infection, surface area of different body parts (mean of ten fish), mucous cell density in

(uninfected) rainbow trout skin and fins (ten fish examined; mean of all zones measured or mean of the zones with the lowest mucous cell density, standard deviation in parentheses)]

Microhabitat	Total number of parasites		Parasites per cm <sup>2</sup>		Surface area per fin (cm <sup>2</sup> )	Mucous cell density (mean number/mm <sup>2</sup> , all zones)	Mucous cell density (mean number/mm <sup>2</sup> , zones with lowest count)
	Week 1	Week 6	Week 1	Week 6			
Caudal fin	106	852	0.58	6.98	1.14	116.7 (38.3)	86.1 (37.8)
Dorsal fin	23	66	0.66	2.80	0.22	309.8 (81.1)	300.5 (90.3)
Pectoral fin	240	241	1.71	2.56	0.88	285.1 (66.6)	249.8 (33.9)
Pelvic fin	182	208	2.03	3.47	0.56	269.3 (77.8)	259.5 (56.5)
Anal fin	84	131	1.66	3.82	0.32	217.7 (38.6)	211.5 (58.9)
Adipose fin	21	26	1.31	2.43	0.10	236.6 (58.2)	217.3 (56.9)
Corpus	64	368	0.06	0.48	7.24	273.5 (87.6)	265.5 (104.9)
Cornea	36	439	0.75	13.67	0.30	49.9 (72.7)	0 (0)

## Buchmann & Bresciani (1998)

- Mucus cell density varies with location on body
- Strong negative correlation between mucus cell density and parasite density?



# Mucosal mapping

**Q: how do you take one (1) slice of the sky and find out how big the balloons are and how tightly packed they are?**

**A: Design-based stereology**



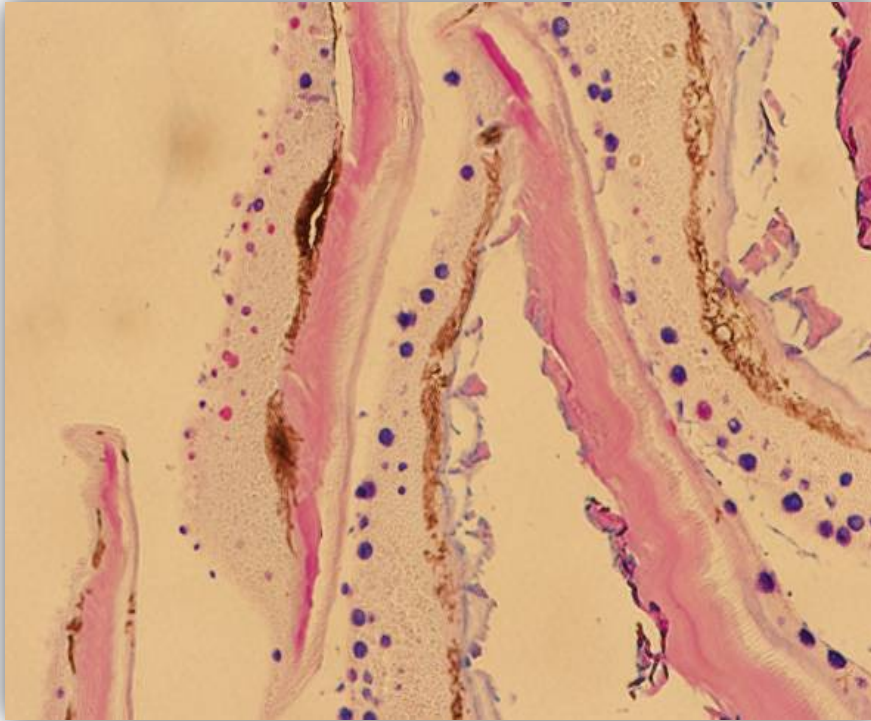


# Design-based stereology (Pittman Protocol)

Examples of salmon skin sections giving statistically robust objective measures of:

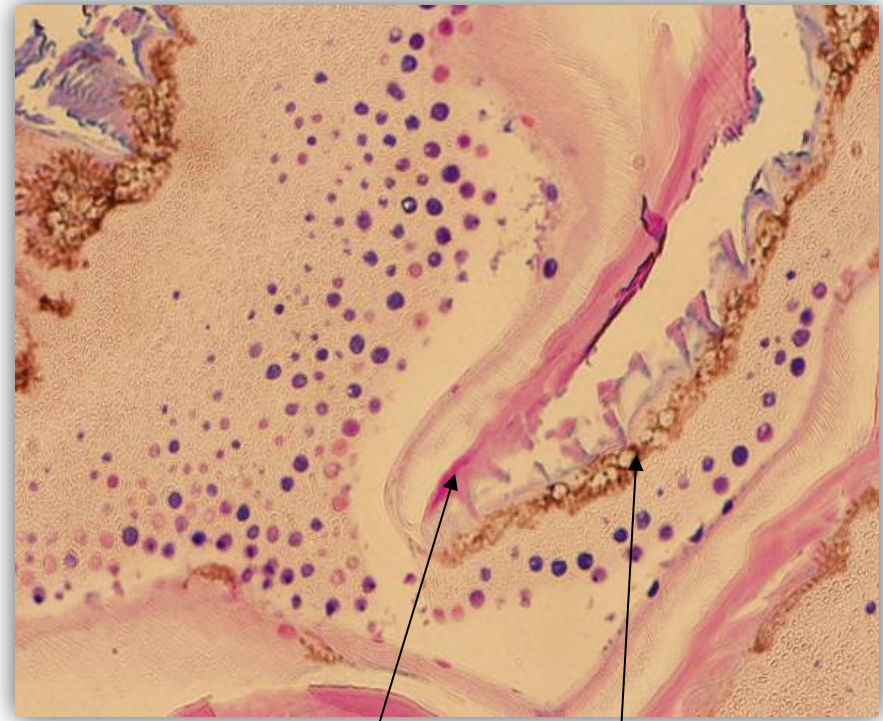
- i) mucous cell area    ii) mucous cell density    iii) area/density (tissue dynamics)

**Control**



mucus cells  
pink – neutral mucins  
blue – acid mucins

**Aquate SPMP**



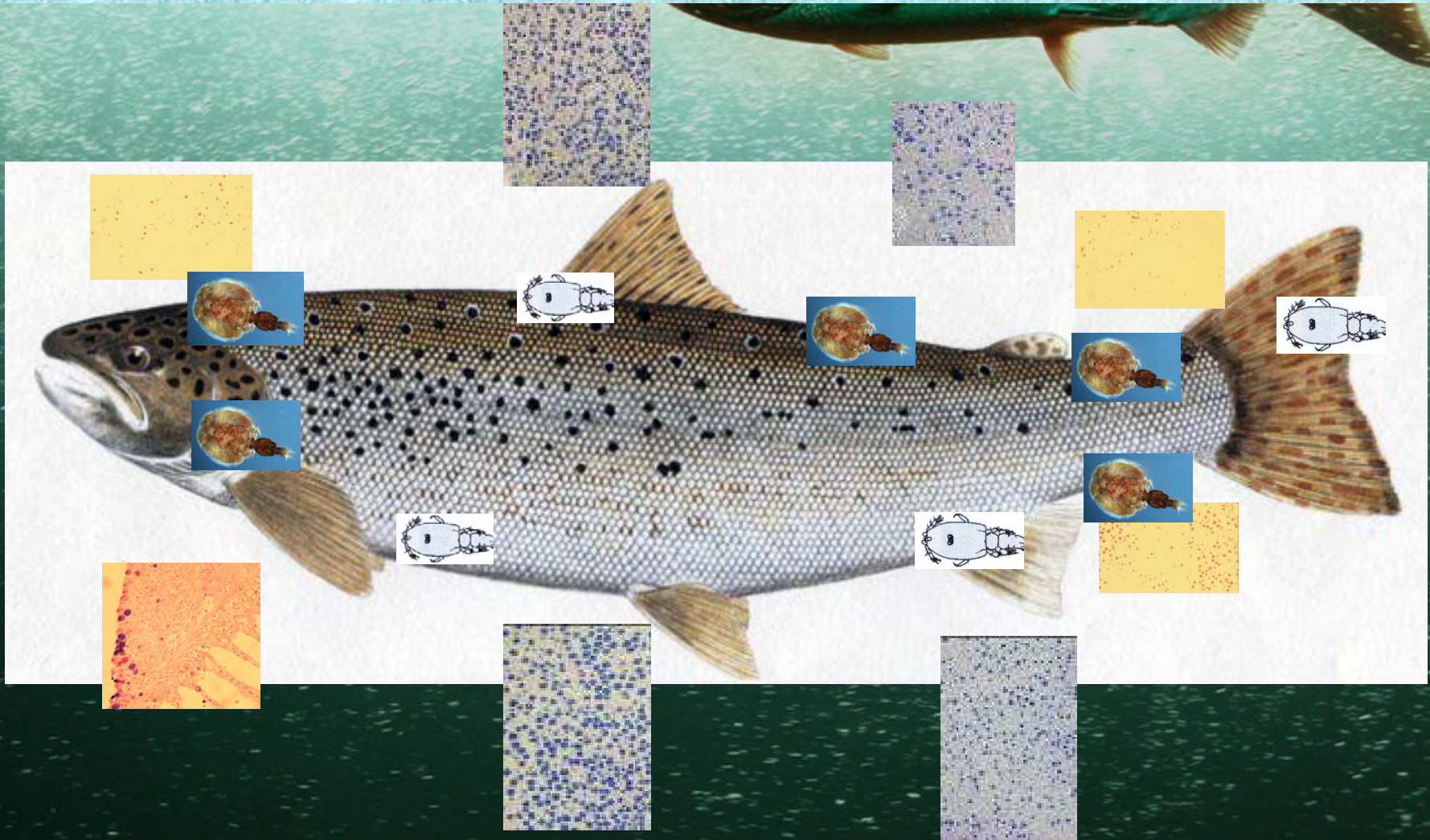
scale

pigment



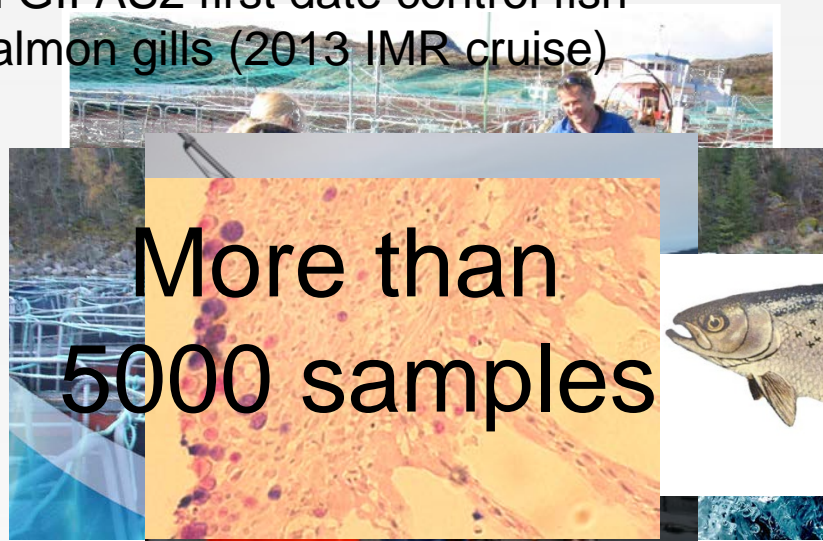


# MUCOSAL MAPPING IN SALMONIDS



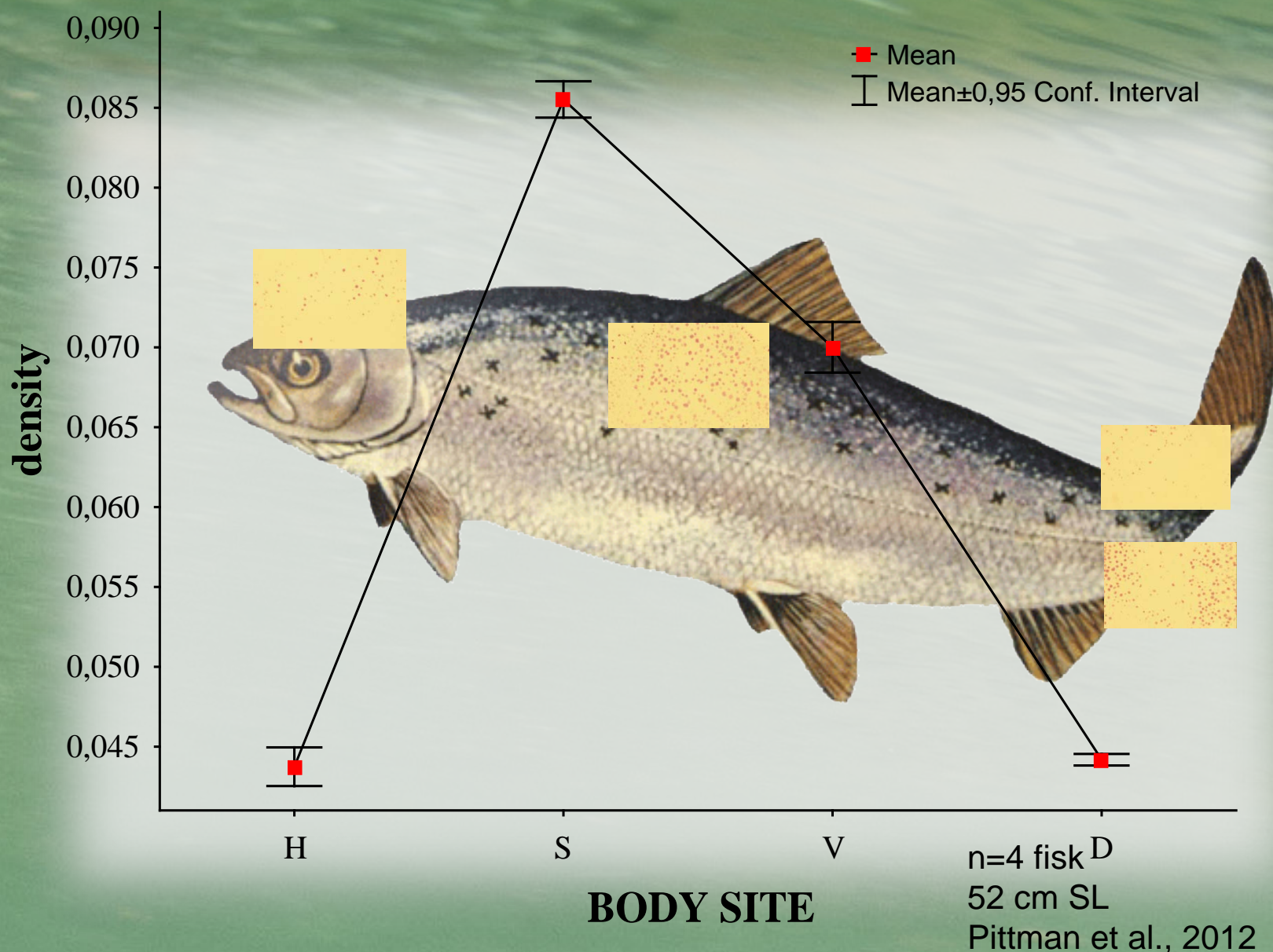
# Industrial scale application of the protocol

1. Sulefisk - field trial on commercial farm, 4 cages with 2 control 2 Aquate-fed groups  
- 280 000 salmon (about 50 m tons), 4 sampling dates, 7 months duration
2. Gifas1 - field trial on research station, 60 000 salmon, 12 cages with 3 cages for each of 4 diets (control, plus three other diets), 5 sampling dates over 4 months
3. Gifas2 - field trial on research station, 60 000 salmon, 12 cages dose-response to 2 levels of trial diet plus control diet, 3 sampling dates over 2 months
4. Averøy - controlled trial at Salmobreed, two specially bred families  
- 1 sampling date
5. Gill test - gills from GIFAS2 first date control fish  
plus WILD salmon gills (2013 IMR cruise)

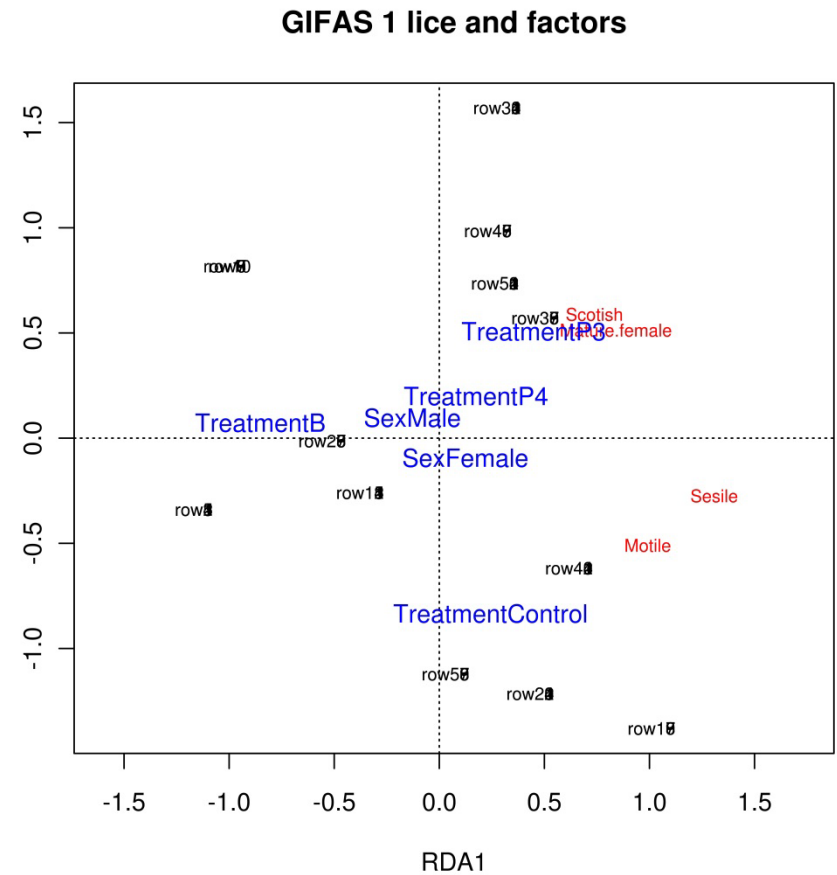
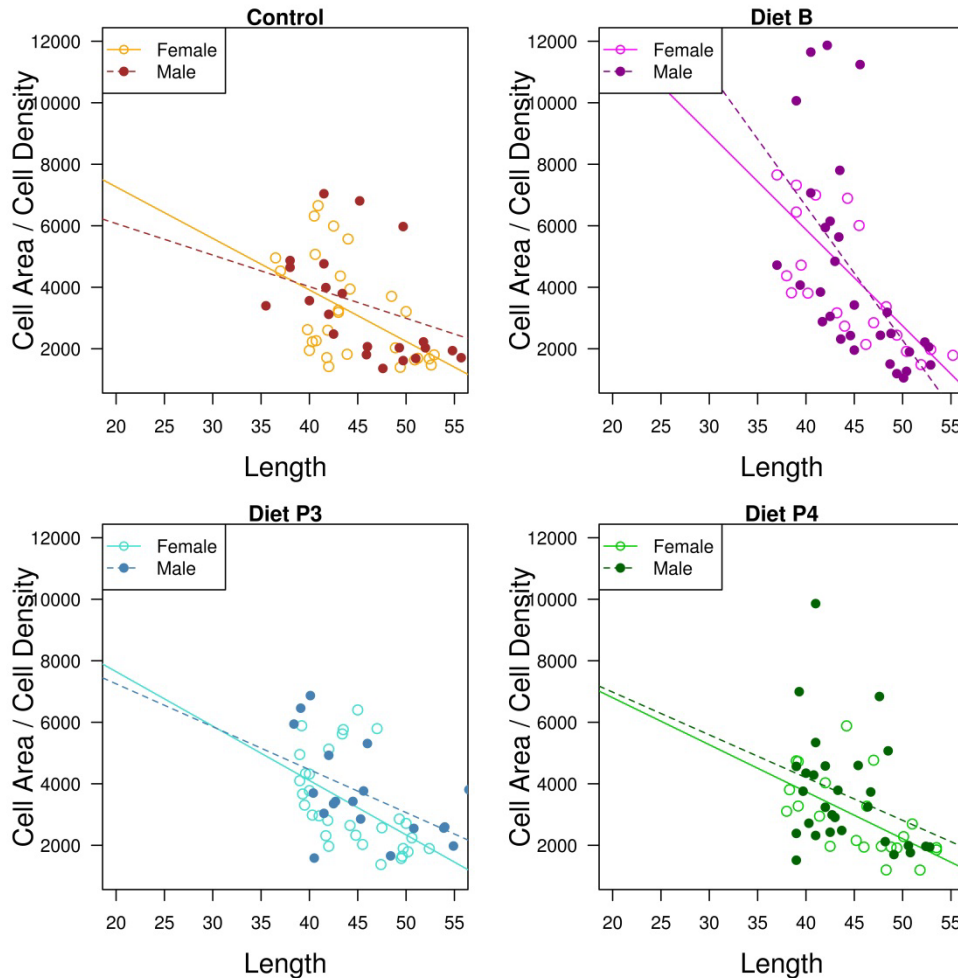




# Significantly denser mucous cells on the dorsal (p<0.05) ie. how much of the epithelia is mucus



# GIFAS1: Some diets promote rapid change in area/density of mucous cells- these diets repel lice at all stages (multivariate analysis of lice abundance and treatment; F-test $p=0.05$ )



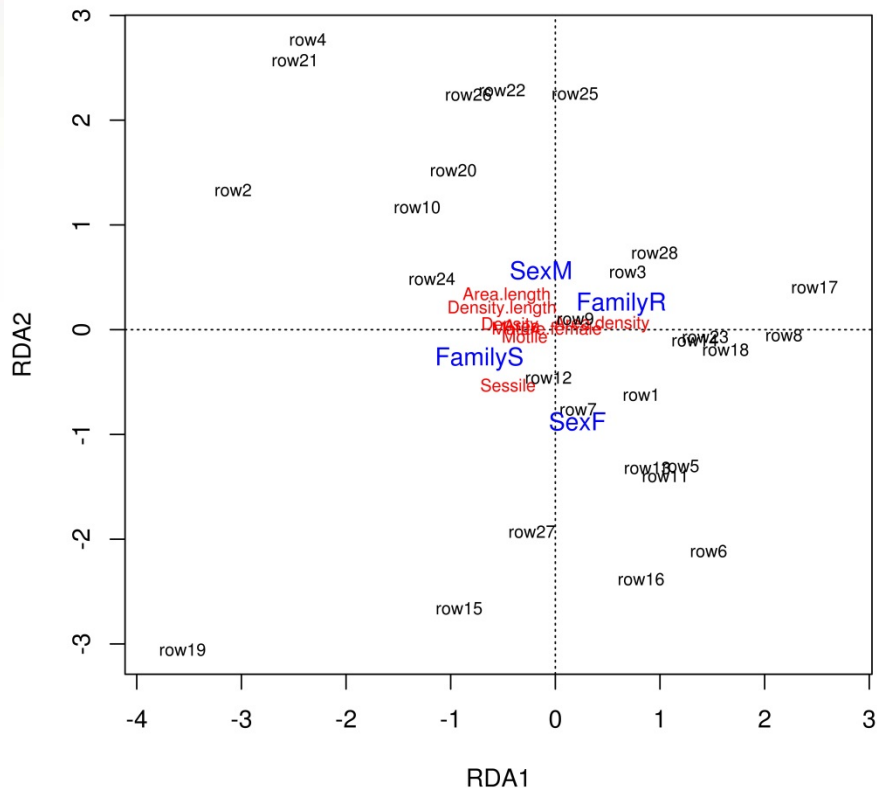
RDA on last date of trial



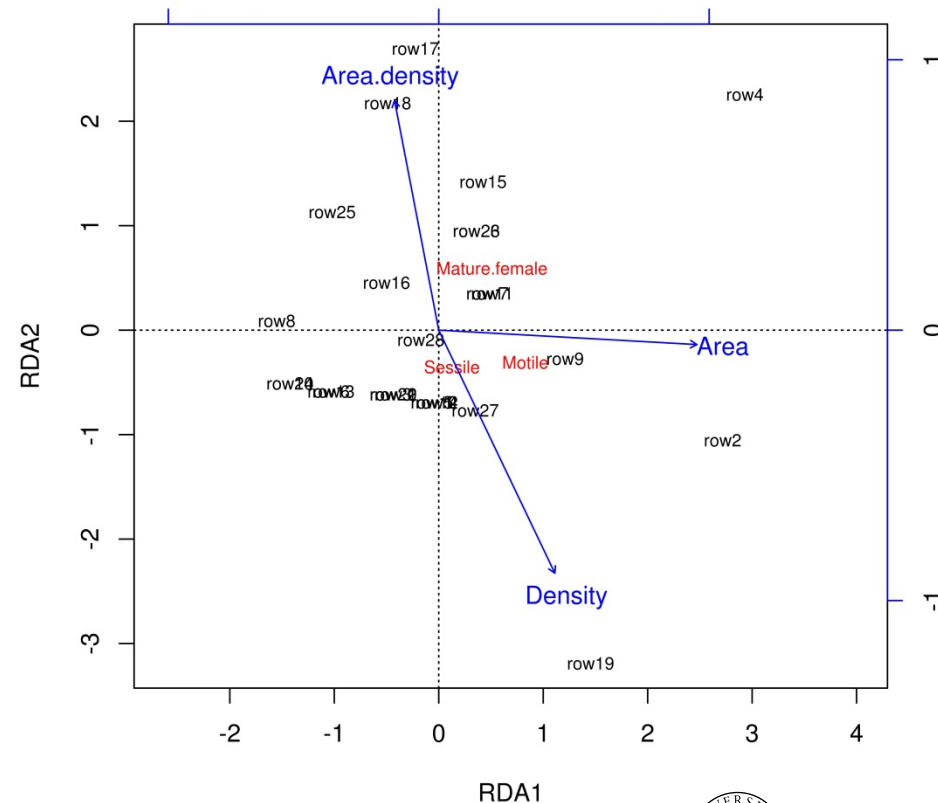
# Family does not explain lice counts, but mucosal measures do

-PCA analysis shows mucosal values are the factors most related to resistance of lice at all stages (family is, so far, irrelevant)

Averoy mucose and factors



Averoy mucose and factors



N=29 salmon  
Pittman et al., in prep





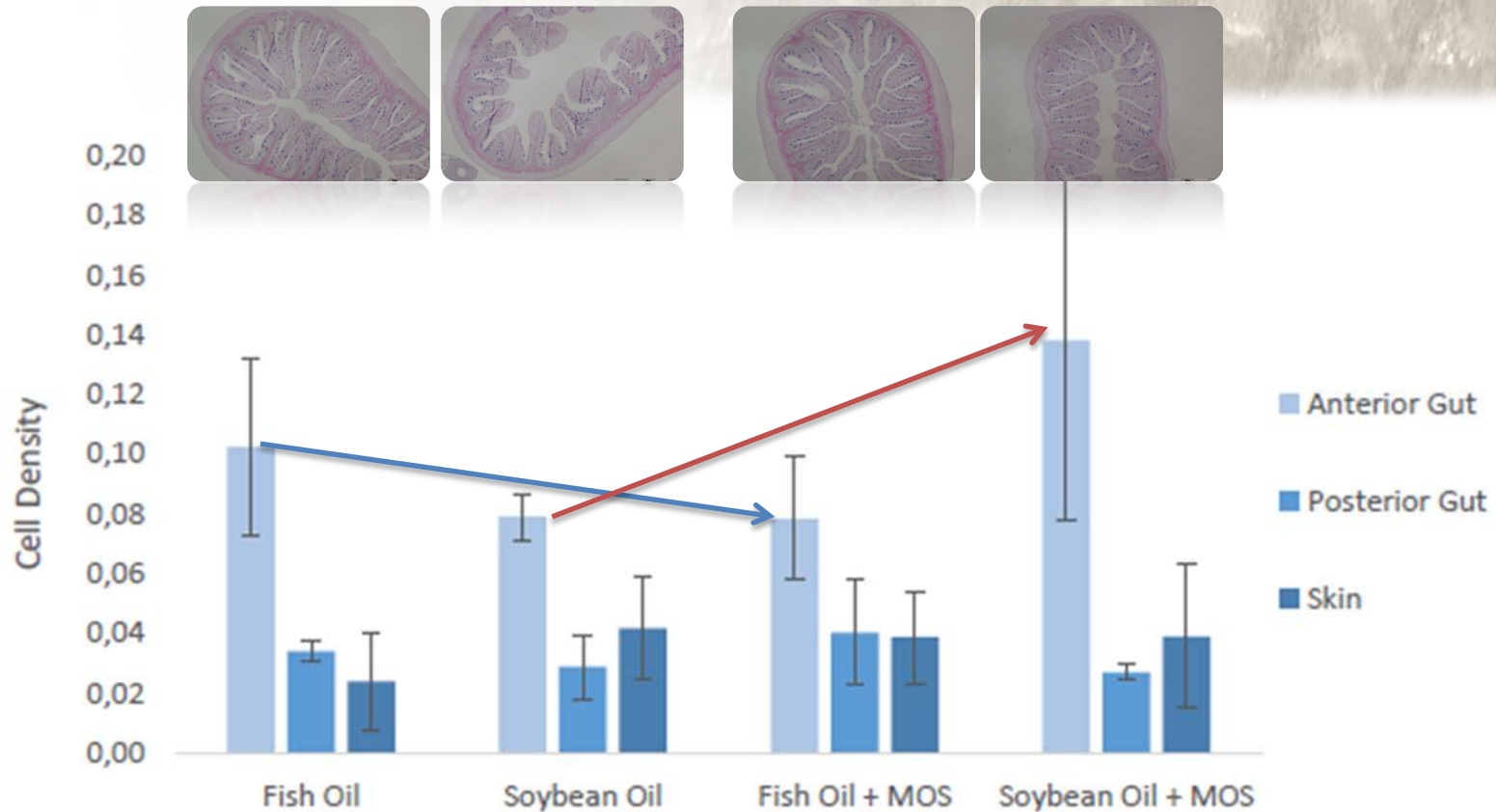
## MUCOSAL MAPPING

- Resolves significant differences of as little as 7 square microns (area of *E. coli*)
- Shows how the mucosal tissue fills itself with mucous cells
- Focusses on mucous and epithelial cells
- Comparable across species, tissues, time
  
- Gills and guts...





# Mucosal Mapping in Seabass guts and skin

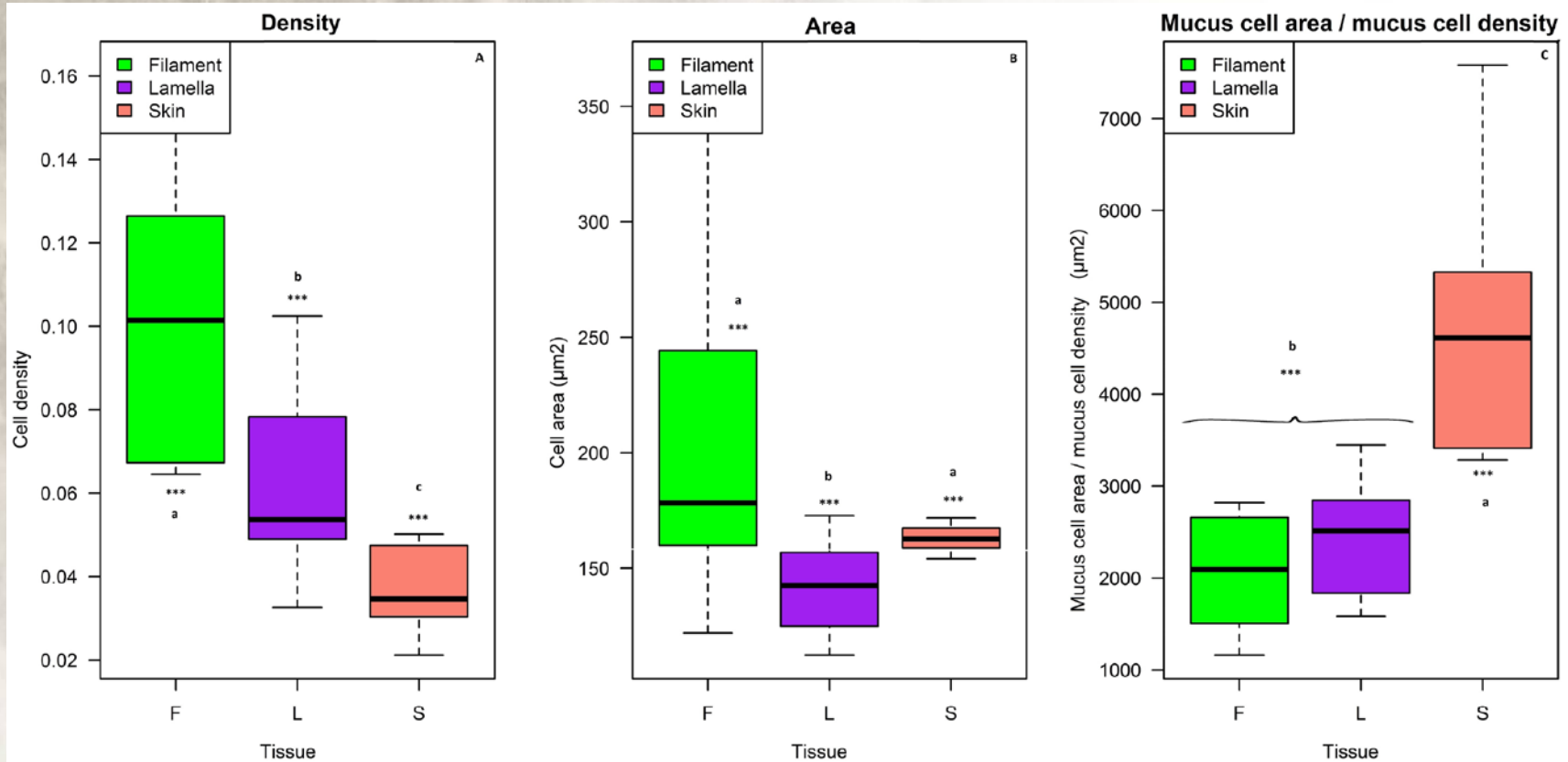


From: Custodio 2014; Custodio et al. in prep; n=36  
Photos: S. Torrecillas



# Mucosal Mapping on salmon gills and skin

- highly significantly different mucous cell populations
- different control mechanisms



**N= 10 salmon, 2nd gill arch**

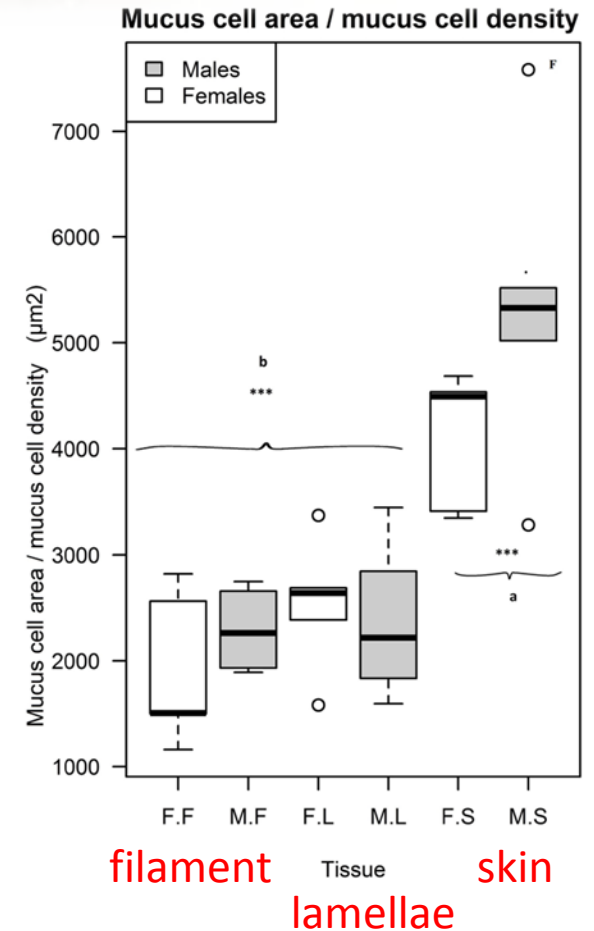
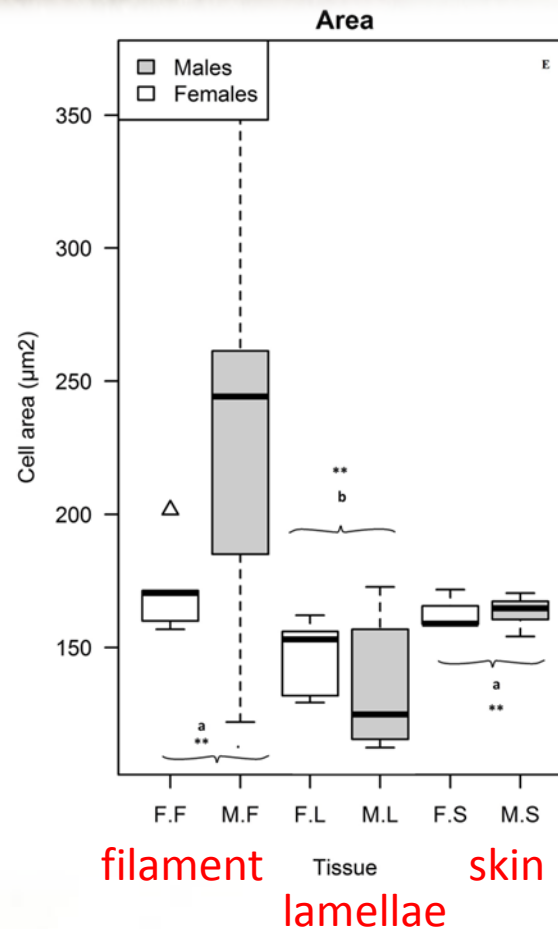
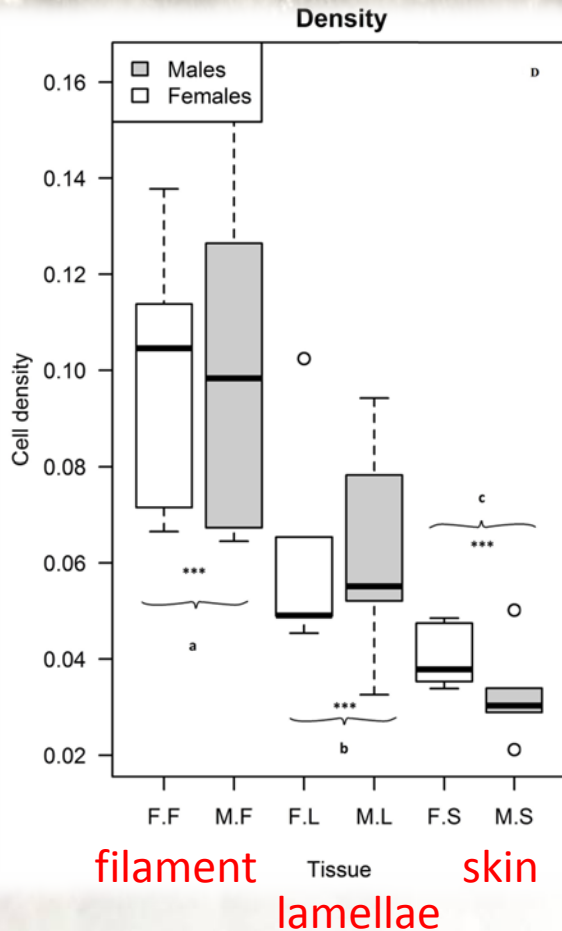
From Campo et al., submitted

\*\*\*  $p < 0.0001$

\*  $p < 0.05$



# Salmon gills and skin: trend to significant **sex** differences in mucosal variables



*BATEMAN'S PRINCIPLE: FEMALES INVEST MORE IN IMMUNITY*

From Campo et al., submitted



# Mucosal Mapping of two tissues in salmon: 3 populations of mucous cells

Gills have two distinct populations,  
one in **filament (largest size and highest density)**  
and one in **lamellae (smallest cells, medium density)**  
Skin has medium sized mucous cells and lowest density

Table 3: General overview of the significant results and trends obtained, based in F-test.

Measure variable	Significant factor	<i>p</i> -value
Density	Tissue	3.56E-05***
Area	Tissue	0.00207**
Area	Tissue:Sex	0.05604 .
Area/dens	Tissue	9.78E-07***
Area/dens	Sex	0.0887.

From Campo et al., submitted





# One section per fish for Mucosal Mapping: how the numbers behave

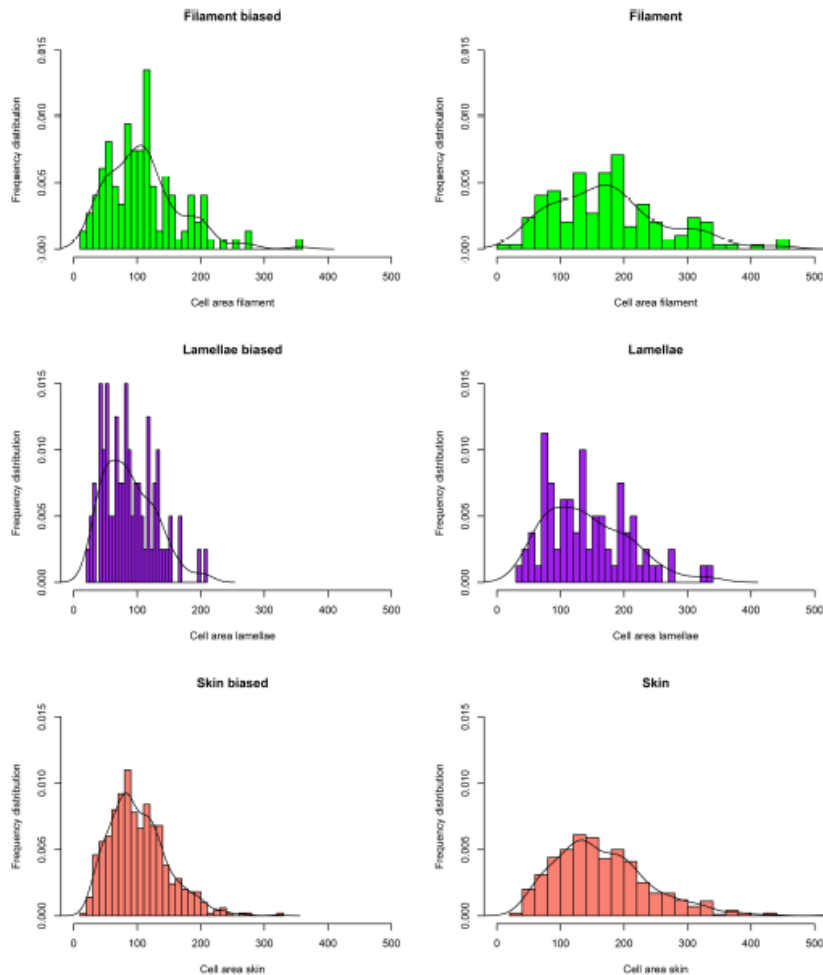


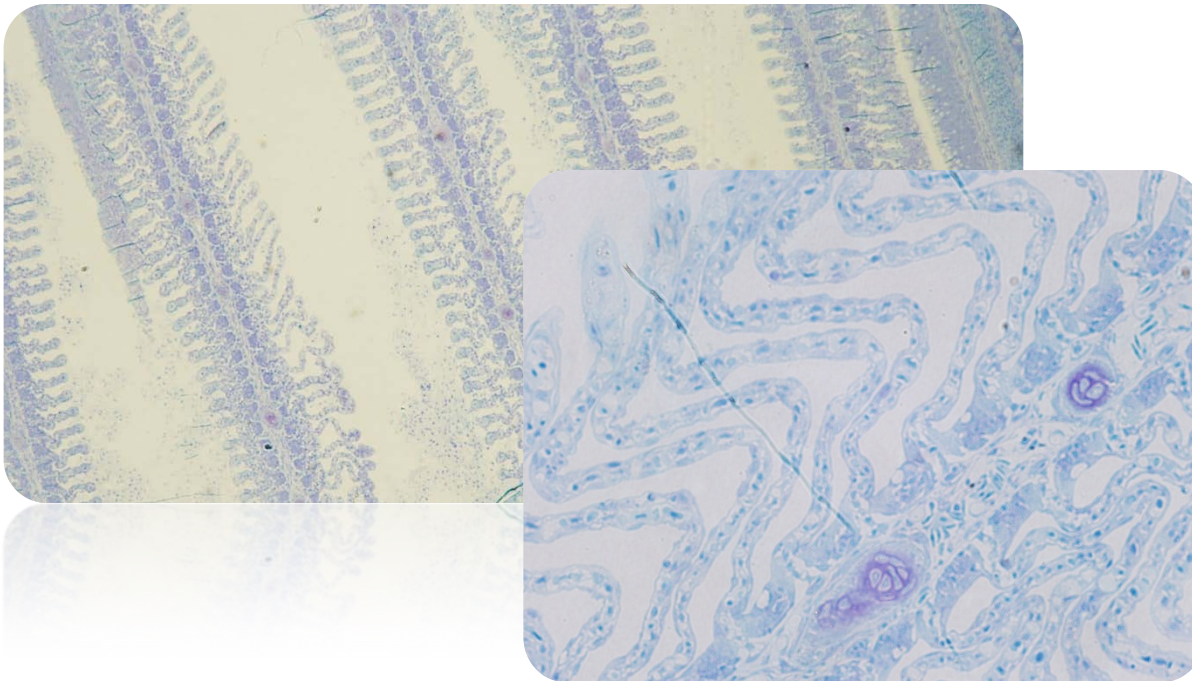
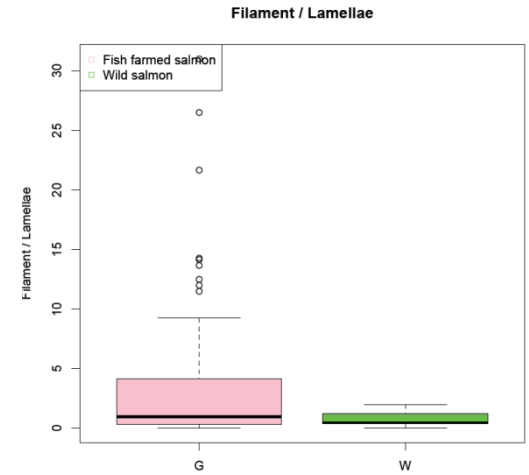
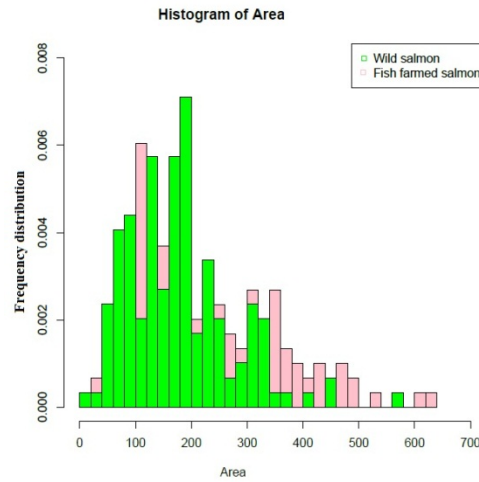
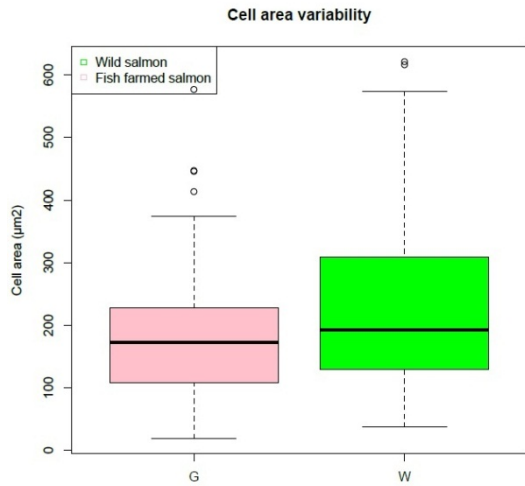
Figure 2: Mucous cell area frequency distribution in filaments, lamellae and dorsolateral skin mucosal tissue. The conversion from biased to unbiased changes completely the distribution pattern from a Poisson distribution to an approximately normal distribution.  $N = 728$  mucous cells from 10 Atlantic salmon individuals.

Table 4: Study of the error

	Epithelium area	Mucous number	Area of mucous cells
<b>FILAMENT</b>			
Average	174098.007	62	204.07
Standard deviation	31735.89	47.70	70.87
Standard error est(SE)	10035.77	15.08	22.41
Coefficient error est(CE, %)	0.06	0.24	0.1098266620
<b>LAMELLA</b>			
Average	95622.687	37.9	141.47
Standard deviation	27730.666	11.76104	21.14
Standard error est(SE)	8769.206	3.719169	6.68
Coefficient error est(CE, %)	0.091706	0.098131	0.04725
<b>SKIN</b>			
Average	908002.055	193.6	163.09
Standard deviation	168279.5	47.91473	5.75
Standard error est(SE)	53214.66	15.15197	1.8191296
Coefficient error est(CE, %)	0.058606	0.078264	0.011154

Correction for not sectioning at equator  
of mucous cells = unbiased!

# Mucosal Mapping of wild salmon gills:



Wild had shorter lamellae  
No mucous cells in lamellae

Work continues...!





# Mucosal Mapping of salmon gills:

Biophysical model

-cell size from pressure by neighbouring cells  
= tensile strength of barrier

Tort et al. 2002 showed that damage due to  $H_2O_2$  primarily occurred in the gills and that pathological changes can include:  
oedemas,  
lamellar fusion,  
epithelial hyperplasia as well as  
swelling and  
lifting of the gill epithelium

Hence, a disruption of the epidermal integrity cannot be excluded and may also lead to an increased vulnerability to pathogens.  
(from Henriksen et al 2013)

ation?

ilable?



# Immune and inflammatory responses in AGD affected salmon gills and Mucosal Mapping

question	Mucosal Mapping answer
Epithelial hyperplasia	Ratio of filament:lamellar epithelia Differential diagnosis wrt mucous cell proliferation?
Early immune responses	Changes in area/density ratio of mucous cells in epithelia
Upregulation of immune cells, immune signalling (f.eks. IgT, IgM, pIgR)	Number and area/density of mucous cells or other marked cells
Therapeutic interventions	General response capacity of mucosal epithelia of gills





# Conclusions:



The integrity of barrier functions of the skin, gills and guts may be indicated by mucous cell size and density in the epithelia (biophysical model)

Mucosal Mapping gives a snapshot of health which may have clinical significance

In Salmon, there are two distinct populations of gill mucous cells in the filaments and the lamellae.

There are trends to sex differences in the mucous cell populations of gills and of skin



Gill mucous cell density is higher than skin, and cell size is smaller (higher tensile strength, faster motility)

The mucosal epithelia of gills and skin are regulated differently

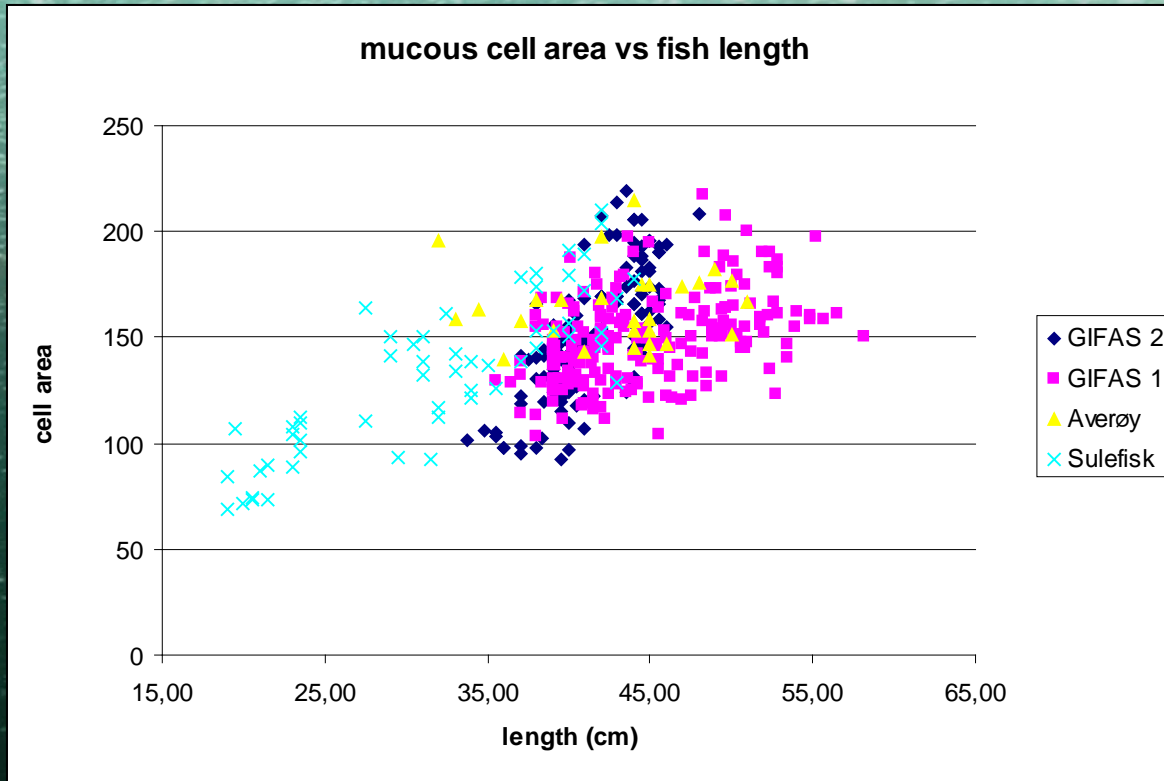
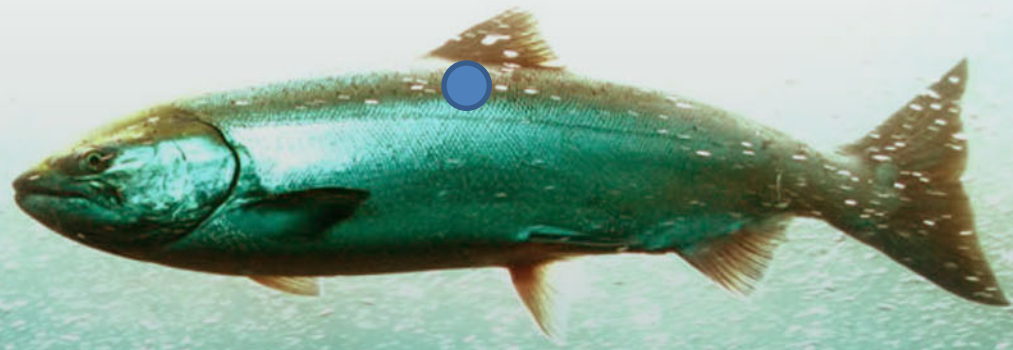
Small differences in all three mucosal epithelia reflect differences in the ability of the fish to maintain good health.





# Site signatures

The data clusters:  
what more can we learn?



## MUCOSAL MAPPING IN SALMONIDS



# Mucosal Mapping in Salmonids



Any questions?

Call

Quantidoc



# Previous studies on mucous cells in salmon skin (that's it folks!)

Source	Species	Section location	Stain	Thickness	Units of report
Buchmann & Bresciani (1998)	<i>Oncorhynchus mykiss</i> (Freshwater stage)	Varied	Alcian Blue	?	Number per mm <sup>2</sup>
Fast et al. (2002a)	<i>Oncorhynchus mykiss</i> <i>Salmo salar</i> <i>Oncorhynchus kisutch</i>	Mid body	Hematoxylin & Eosin	5 μm	Number per 100 μm length  Width of largest
Harris & Hunt (1975a&b)	<i>Salmo salar</i> <i>Salmo trutta</i>	Varied	Lead citrate Uranyl acetate  Toluidine blue	500-600 Å  1-2 μm	Size (μ) Did not report density.
O'Byrne-Ring et al. (2003)	<i>Salmo salar</i>	Shoulder flank	Periodic acid-Schiff/alcian blue	5 μm	Number per mm <sup>2</sup>
Fast et al. (2002b)	<i>Oncorhynchus mykiss</i> <i>Salmo salar</i> <i>Oncorhynchus kisutch</i>	Mid body	Hematoxylin & Eosin	5 μm	Number per 100 μm length
Roberts & Powell (2003)	<i>Salmo salar</i>	Gills	Periodic acid-Schiff/alcian blue	5 μm	Number per inter-lamellar unit
Roberts et al. (1970)	<i>Salmo salar</i> <i>Salmo trutta</i>	Varied in head region	Multiple stains (LM)  Reynolds' citrate stain (EM)	8 μm  600 Å	Observations
Van der Marel et al. (2010)	<i>Cyprinus carpio</i>	Varied	Periodic acid-Schiff/alcian blue	4 μm	Number of goblet cells per sample



# Healthy mucus = Healthy skin= Healthy fish

- The slimy skin of fish is the first line of defence against pathogens and damage
- Mucosal Mapping is the only statistically robust and objective quantification of mucous cell sizes, their density and their dynamics,
- 3 years of development and testing, 3 peer-reviewed publications
- Applied to 5 field trials of farmed Atlantic salmon, 1 of seabass
- Mucosal dynamics are significantly affected by diet, by body site, by fish size and sometimes by fish family or sex
- Useful for enhancing fish health, for interpreting molecular results, for breeding and for product development. Easy to compare between trials, species, tissues etc.
- Open for further development with new potential partners